

INDOOR POOL SCHEDULE - March 10-16, 2025

Tillsonburg Community Centre | Aquatics



	Monday, March 10	Tuesday, March 11	Wednesday, March 12	Thursday, March 13	Friday, March 14	Saturday, March 15	Sunday, March 16
Adult Swim	☀️ n/a	6:00 a.m. - 8:30 a.m.	6:00 a.m. - 7:30 a.m.	6:00 a.m. - 8:30 a.m.	6:00 a.m. - 7:30 a.m.	8:30 a.m. - 10:30 a.m.	8:30 a.m. - 10:30 a.m.
	☀️ 11:30 a.m. - 1:00 p.m.	11:00 a.m. - 1:00 p.m.	11:00 a.m. - 1:00 p.m.				
	☀️ 3:00 p.m. - 5:00 p.m.	5:00 p.m. - 7:00 p.m.	3:00 p.m. - 5:00 p.m.	5:00 p.m. - 7:00 p.m.	3:00 p.m. - 5:00 p.m.	n/a	n/a
	🌙 8:30 p.m. - 9:30 p.m.	8:30 p.m. - 9:30 p.m.	8:30 p.m. - 9:30 p.m.	8:30 p.m. - 9:30 p.m.	n/a	n/a	n/a
Aqua Cycling	☀️ n/a	n/a	7:30 a.m. - 8:30 a.m.	n/a	7:30 a.m. - 8:30 a.m.	n/a	n/a
	🌙 n/a	7:30 p.m. - 8:30 p.m.	n/a	7:30 p.m. - 8:30 p.m.	n/a	n/a	n/a
Aqua Fit	☀️ 8:30 a.m. - 9:30 a.m.	n/a	n/a				
	☀️ n/a	1:00 p.m. - 2:00 p.m.	1:00 p.m. - 2:00 p.m.	1:00 p.m. - 2:00 p.m.	n/a	n/a	n/a
Aqua Jog	☀️ n/a	9:30 a.m. - 10:30 a.m.	n/a	9:30 a.m. - 10:30 a.m.	n/a	n/a	n/a
	☀️ 1:00 p.m. - 2:00 p.m.	n/a	n/a	n/a	1:00 p.m. - 2:00 p.m.	n/a	n/a
	🌙 7:30 p.m. - 8:30 p.m.	n/a	7:30 p.m. - 8:30 p.m.	n/a	n/a	n/a	n/a
Preschool Playtime	☀️ 9:30 a.m. - 10:30 a.m.	n/a	9:30 a.m. - 10:30 a.m.	n/a	9:30 a.m. - 10:30 a.m.	n/a	n/a
Community Swim	☀️ 5:00 p.m. - 7:00 p.m.	3:00 p.m. - 5:00 p.m.	5:00 p.m. - 7:00 p.m.	3:00 p.m. - 5:00 p.m.	5:00 p.m. - 7:00 p.m.	1:30 p.m. - 3:30 p.m.	1:30 p.m. - 3:30 p.m.